

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## BOLT ON UTILITY / JAMMER ARM ATTACHMENT

Power Lift's Bolt On Utility/Jammer Arms allow users to perform a multitude of pushing or pulling movements from the Power Lift rack stations. The Bolt On version is not adjustable and is bolted to the upright, 3x3 "Rhino Hook" Bar Catches can be attached to the arms allowing barbell movements to be performed. 3x3 Bar Catches are not included.

### KEY FEATURES:

- Perfect for pushing or pulling movements
- Attaches to the rack



### Overall Dimensions:

47 9/16" (H) x 32 19/32" (W)

### Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

### Part Number:

18200C

powerliftusa.com  
800.872.1543

